



BREAKFAST MENU



IMPORTANT INFORMATION: All our food is prepared in a kitchen where nuts, gluten and other known allergens may be present. We take caution to prevent cross-contamination, however any product may contain traces as all menu items are produced in the same kitchen. Our dish descriptions do not include all of the ingredients used to make the dish. If you have a food allergy please speak to a member of our Management before placing an order. For calorie information please ask our server for details. All weights and measures are correct at the time before cooking commences.

SERVED DAILY
MONDAY TO FRIDAY: 6.30AM UNTIL 11AM
SATURDAY/SUNDAY (INCLUDING BANK HOLIDAY MONDAYS): 7AM UNTIL 11AM

CONTINENTAL BREAKFAST - 8.95

Help yourself to our continental buffet:

SELECTION OF CEREALS & PORRIDGE

GRANOLA

FRUIT YOGHURTS

FRESH PASTRIES & MUFFINS

TOAST WITH PRESERVES

PANCAKES

FRESH FRUITS

CHEESE, HAM

FRESH BREADS, ROLLS & BAGELS

CRUMPETS

Includes unlimited hot drinks & juices

BREAKFAST SANDWICHES

Served in a floured batch, white or wholemeal bread

SAUSAGE - 3.45

BACON - 3.45

EGG (2 FRIED, 2 POACHED OR SCRAMBLED) - 2.95

SAUSAGE & BACON - 4.95

SAUSAGE & EGG (FRIED, POACHED OR SCRAMBLED) - 4.45

BACON & EGG (FRIED, POACHED OR SCRAMBLED) - 4.45

SAUSAGE, BACON & EGG (FRIED, POACHED OR SCRAMBLED) - 5.45

ADD EXTRAS: 1.00 EACH

BEANS, CHOPPED TOMATOES, MUSHROOMS, HASH BROWN OR BLACK PUDDING

BREAKFAST MEALS

FULL ENGLISH - 7.45 (VE OPTION AVAILABLE)

One sausage, one bacon, one egg (fried, poached or scrambled), hash brown, mushrooms, grilled half tomato or chopped tomatoes, baked beans, slice of toast & butter.

TEA, COFFEE & FRUIT JUICE INCLUDED

THE SPARROW BIG ONE - 9.95 (VE OPTION AVAILABLE)

Two sausage, 2 bacon, two egg (fried, poached or scrambled), 2 hash browns, mushrooms, grilled tomato or chopped tomatoes, baked beans, black pudding, 2 slice of toast & butter

THE WORKS - SML/LRG AVAILABLE

(VE OPTION AVAILABLE)

Includes our Continental Breakfast Buffet

TEA, COFFEE & FRUIT JUICES INCLUDED.

SMALL - 12.95 | LARGE BREAKFAST - 14.95

BUILD YOUR OWN FULL ENGLISH

(VE OPTIONS AVAILABLE)

Choose from Bacon, Sausage, Eggs (Fried, Poached or Scrambled), Toast, Mushrooms, Baked Beans, Black Pudding, Hash Browns, Grilled Tomatoes or chopped tomatoes

ANY 6 ITEMS - 5.95

ANY 9 ITEMS - 7.45

ANY 14 ITEMS - 9.95

INCLUDES TEA, COFFEE & FRESH JUICE

2 FULL ENGLISH FOR ONLY 12.00

CONTINENTAL NOT INCLUDED

KIDS BREAKFAST MENU (FOR UNDER 12'S)

CEREAL - 2.65 Each

Choose any cereal & milk

CONTINENTAL - 4.95

Help yourself to our buffet

KIDS FULL ENGLISH - 5.95 (VE OPTION AVAILABLE)

One sausage, one bacon, one egg (fried, poached or scrambled) one hash brown, baked beans & toast

Includes fruit juices

THE WORKS - 8.95 (VE OPTION AVAILABLE)

Our Continental breakfast & kids Full English.

ON TOAST

2 slices of white or wholemeal toast with butter on the side

BEANS - 2.95

CHOPPED TOMATOES - 2.95

2 EGG (FRIED, POACHED OR SCRAMBLED) - 3.65

2 EGG & BEANS - 3.95

2 EGG & CHOPPED TOMATOES - 3.95

SPECIALITY

Served on 2 halves of a lightly toasted breakfast muffin topped with hollandaise sauce

EGGS BENEDICT 2 POACHED EGGS, SLICED HAM - 6.95

EGGS ROYALE 2 POACHED EGGS, SLICED SALMON - 8.45

EGGS FLORENTINE (V) 2 POACHED EGGS & SAUTEED SPINACH - 6.95