THE

SPARROW

HOTEL, BAR & RESTAURANT

BREAKFAST MENU

Served 6.30am until 11am Monday to Friday.

7am until 11am Saturday, Sunday & Bank Holidays.

Food allergies and intolerances: Please speak to a member of staff
about the ingredients in your meal, when making your order.
Thank you.

BREAKFAST MENU

SPECIALITY

Includes a complimentary tea or coffee.
Served on 2 halves of lightly toasted muffin topped with hollandaise sauce.

EGGS BENEDICT 6.95
2 poached eggs & grilled streaky bacon

EGGS FLORENTINE 6.95
2 poached eggs & wilted spinach

ON TOAST

Includes a complimentary tea or coffee.
2 slices of either white or wholemeal toast with butter on the side.

BEANS 3.45

CHOPPED TOMATOES 3.45

2 EGG (Fried, Poached or Scrambled) 3.95

ADD EXTRAS TO YOUR TOAST
1.00 EACH
Beans, Chopped Tomatoes, Mushrooms, Hashbrown or Black Pudding

KIDS BREAKFAST MENU

Includes a complimentary tea, coffee or fresh juices. (Designed for under 12's)

CEREAL 2.65
Coco Pops, Rice Krispies, Corn Flakes, Porridge, Weetabix

KIDS CONTINENTAL 4.95
Help yourself to our Continental Buffet

KIDS FULL ENGLISH 5.95
1 Sausage, 1 Bacon, 1 Egg (Fried, Poached or Scrambled) 1 Hash Brown, Beans & 1 Toast & Butter (White or Wholemeal)

KIDS THE WORKS 8.95
Our continental breakfast & Kids full English

BREAKFAST MEALS

Includes complimentary tea, coffee & fresh juices.

FULL ENGLISH 7.95 **(2 FULL ENGLISH FOR £14)**
1 Bacon, 1 Sausage, 1 Egg (Fried, Poached or Scrambled), Chopped or Grilled tomato, Beans, Mushrooms, 1 Hash Brown, 1 Sliced Black Pudding, 1 Slice of Toast with Butter (White or Wholemeal)

VEGAN FULL ENGLISH 7.95 **(Included in the 2 for £14)**
2 vegan bacon, 2 vegan sausages, chopped or grilled tomato, beans, mushrooms, hash brown, 1 slice of toast with plant based butter. (White or wholemeal)

GLUTEN FREE FULL ENGLISH 7.95 **(Included in the 2 for £14)**
2 Gluten Free Sausages, 1 Bacon, 1 Egg (Fried, Poached or Scrambled), Chopped or Grilled Tomato, Beans, Mushrooms, Hash Brown, 1 Slice of gluten free toast with butter.

SPARROW BIG ONE 9.95 **(GF Available)**
2 Sausage, 2 Bacon, 2 Egg (Fried, Poached or Scrambled), Chopped or Grilled Tomatoes, Beans, Mushrooms, 2 Hash Browns, 2 Black Pudding, 2 Slices of Toast with Butter (White or Wholemeal)

BUILD YOUR OWN
Choose From: Sausage, Bacon, Egg (Fried, Poached or scrambled) Chopped tomatoes or Grilled Tomatoes, Beans, Mushrooms, Black Pudding, Toast (White or wholemeal) & Hash Browns

Any 6 Items 6.45 **Any 9 Items** 7.95 **Any 14 Items** 11.95

CONTINENTAL

Includes complimentary tea, coffee & fresh juices.

SIMPLY CONTINENTAL 7.95
Includes: A range of cereals, porridge and muesli, granola, Fresh Pastries & Muffins, pancakes, Crumpets, Toast & Preserves, Fresh fruits & Berries, Fruit Yogurts & Greek Yogurt.

BREAKFAST SANDWICHES

Includes a complimentary tea or coffee, available in white or wholemeal bread lightly toasted, or a floured batch.

FRIED EGG	3.45
SAUSAGE	3.95
BACON	3.95
SAUSAGE & BACON	5.95
SAUSAGE & EGG (Fried, Poached or Scrambled)	4.95
BACON & EGG (Fried, Poached or Scrambled)	4.95
SAUSAGE, BACON & EGG (Fried, Poached or Scrambled)	6.45

ADD EXTRAS TO YOUR SANDWICH 1.00 EACH
Beans, Chopped Tomatoes, Mushrooms, Hashbrown or Black Pudding

PLEASE ASK YOUR SERVER FOR OUR
GLUTEN FREE, VEGAN & VEGETARIAN OPTIONS